

MAI HASSAN AL AMEEN OSMAN

School Counselor | Wellbeing & Safeguarding Specialist | SEN & Inclusion Specialist

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PROFESSIONAL PROFILE

Dedicated School Counselor and SEN & Inclusion Specialist with over 6 years of experience driving student wellbeing, safeguarding, behavior intervention, and social-emotional development across IB and British curriculum schools. Holds a Master's Degree in Clinical Psychology, integrating child and adolescent development expertise into safe, inclusive learning environments. Skilled in individual and group counseling, child protection, student welfare, behavior support plans, and multidisciplinary collaboration with educators, safeguarding leads, and families. Familiar with UAE educational standards, safeguarding expectations, and inclusive education frameworks.

CORE COMPETENCIES

Student Wellbeing & Safeguarding: Child Protection, Safeguarding Lead Collaboration, Pastoral Care, Early Intervention, Student Welfare Case Support, Social-Emotional Learning (SEL)

SEN & Inclusive Education: Inclusion Support, Individualized Education Plans (IEPs), Differentiated Learning Accommodations, Student Progress Monitoring

Behavior Support & Intervention: Behavior Observation, Individual Behavior Support Plans (BIPs), Positive Behavior Interventions, Emotional Regulation

Collaboration & Leadership: Multidisciplinary Team Coordination, Safeguarding Officers Liaison, Parent Coaching & Consultations, Teacher Consultation

PROFESSIONAL EXPERIENCE

Parent Support Consultant (Online) | Independent Practice

August 2025 – Present

- Deliver practical virtual consultations for parents, empowering them with effective guidance to support children's emotional and behavioral growth.
- Provide parents with actionable positive parenting frameworks, behavior support strategies, and emotional regulation toolkits for home settings.
- Guide families in understanding developmental and social-emotional needs to foster confidence, resilience, and positive family dynamics.

School Counselor | British Modern School (BMS), Cairo, Egypt

October 2024 – July 2025

- Delivered individual and group counseling interventions to enhance student social-emotional health, mental wellbeing, and academic progress.
- Worked closely as part of a multidisciplinary team alongside Designated Safeguarding Leads (DSL), Inclusion Teams, teachers, and external specialists to ensure holistic student support.
- Conducted behavioral observations and collaborated with teaching staff to implement classroom accommodations and emotional regulation techniques.
- Partnered with school leadership and parents to enforce safeguarding standards, student welfare practices, and an inclusive school culture.

Shadow Teacher & Home-Based Occupational Therapist | GEMS International School Cairo

April 2024 – September 2024

- Facilitated inclusive classroom participation for students through tailored learning and behavior support strategies.
- Supported students in developing independence, executive functioning, focus, communication, and daily living skills.
- Worked closely with teachers and families to monitor student progress and ensure consistent support between home and school.

School Counselor (PYP-MYP)

September 2021 – April 2023

- Delivered counseling programs focused on emotional resilience, social-emotional learning, and student wellbeing within the IB framework.
- Collaborated actively within multidisciplinary support teams—including safeguarding officers, SEN coordinators, and grade-level coordinators—for case management and student welfare support.
- Championed safeguarding and student welfare through early identification, child protection protocols, and cross-departmental support planning.

Inclusion (SEN) Teacher (PYP-MYP)

January 2020 – April 2023

- Designed and implemented Individualized Education Plans (IEPs) for students with diverse learning and behavioral needs to promote academic engagement.
- Collaborated with classroom teachers and parents to ensure consistent implementation of differentiated learning strategies.

Shadow Teacher

December 2017 – December 2019

- Provided 1-on-1 classroom support, helping students develop independence, communication, attention, and positive learning behaviors.

EDUCATION

Master's Degree in Clinical Psychology – University of Ribat, Sudan	2021 – 2024
High Diploma in Clinical Psychology – University of Khartoum, Sudan	2019 – 2021
Bachelor's Degree in Clinical Criminal Psychology – National Ribat University, Sudan	2014 – 2017

CERTIFICATIONS & TECHNICAL SKILLS

Certifications:	Making the PYP Happen: Implementing Agency (IB Category 1), School Counseling Training & Child Psychology, Special Needs Education & Child Development Strategies.
Technical Tools:	MS Office Suite, Google Workspace, ManageBac, Online Counseling Platforms, Digital Record Keeping.
Languages:	Arabic (Native), English (Full Professional Proficiency).